

Positive Alternatives 2015 - 16 Quarterly Update

Grantee: Neighborhood House

Goal: To expand pregnancy and parenting support services for adolescent women

For the period: January – March 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide direction, support, and guidance to grant funded staff; provide representation at required grantee meetings; Provide on-going reports as required; maintain data entry, data collection, and evaluation; work with staff to ensure expenses are within budget allowances		<p>Parent & Early Childhood Education Program Manager connected with staff at Guadalupe Alternative Program (GAP) High School to discuss the possibility of holding Baby Talks groups at the school. School and students were grieving recent tragic circumstances surrounding one of their students and the death of her child. School was interested in pregnant and parenting students providing support tailored to their situation. Baby Talks groups ran successfully at GAP school for several weeks during first quarter.</p> <p><i>Ages and Stages Questionnaire (ASQ-3)</i> was purchased and reviewed with teen parent educators and is expected to be implemented during second quarter case management visits. ASQ-3 is recognized by <i>Parents as Teachers</i> curriculum, and aims to help parents identify early developmental delays and increase their knowledge of early childhood development.</p>	
Outreach/Hmong	Recruit program participants through internal program referrals, speaking to students at local schools, tabling at resource fairs and community organizations; communication with and posting fliers at neighborhoods, organizations and professional networking		Outreach was made to High schools as well as other nonprofits and clinics. Found Participants at GAP high school and started support group at GAP. Also working with AGAPE in referring 2 additional participants to Baby Talks, unable to reach participants due to participant going on maternity leave.	

Outreach/ Latino	Recruit program participants through internal program referrals, speaking to students at local schools, tabling at resource fairs and community organizations; communication with and posting fliers at neighborhoods, organizations and professional networking		This quarter outreach was done at Our Lady of Guadalupe Church, Parks and Rec, St. Paul Salvation Army, Mexican Consulate, CLUES, Senior Recovery Center, AGAPE High School, Highland High School and Humboldt High School. In most of these High Schools there is a clinic and outreach was also done there.	
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Case Management Visits/ Hmong	Individual number of case management visits conducted this quarter		9 Case Management Visits	9
Case Management Visits/ Latino	Individual number of case management visits conducted this quarter		15 Case Management Visits	15
Case Management Services/ Hmong	Provide an individualized care plan with intake, assessment of needs, service planning, service plan implementation, service coordination, monitoring and following up; provide off-site visits, if needed	21	Participant expressed concerns after high school. Talked about options such as day care for child, college, or job search. Participant will connect again after decision is made. Talked about goal setting- expressing achievable goals. All still in progress.	P:3/C:9
Case Management Services/ Latino	Provide an individualized care plan with intake, assessment of needs, service planning, service plan implementation, service coordination, monitoring and following up;		Case Management Home visits topics this quarter child abuse, immunizations, well check up, childcare, review resume, county applications, sleep safety, nutrition, birth control and STI's, transportation on how to use the city bus.	P:5/C:15

	provide off-site visits, if needed			
Group Sessions	Total number of attendance counts (duplicated)		Group sessions were offered at GAP high school.	32
Group Sessions	Total number of attendance counts (duplicated)		Group sessions were offered at GAP high school for Latino and Karen participants	31
Car Seat Program/ Hmong	Provide car seat education to all program participants		Cover car seat safety with participants. Talked about height and weight of baby and appropriate car seat for child. Participants expressed interest and concerns. Helped participants by assuring safety of children if car seat was set up appropriately.	4
Car Seat Program/ Latino	Provide car seat education to all program participants	9	This quarter participants received car seat education during group or home visits.	7
Crib Distribution/ Sleep Safety Education: Hmong	Provide crib and safe sleep education to all program participants	9	Sleep safety was discussed along with shaken baby during one group session. Expressed to participants about safety of child co sleeping with parent. Participant assured that child slept in a safe crib as well as co sleeping with parent.	4

Crib Distribution/ Sleep Safety Education: Latino	Provide crib and safe sleep education to all program participants		This quarter participants received Sleep Safety Education during groups and home visits	8
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Life-Skills Education Program/ Hmong	Address life skills education through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round	108	Life skills were discussed during groups and home visits. Discussed about mother and child well-being. Checking in on parent off and on to assure parents questions were answered. Cover relationship topics, parent & child development, nutrition, as well as college and job search was discussed.	P:6/C:32
Life-Skills Education Program/ Latino	Address life skills education through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round		Life skills topics this quarter were an introduction to Baby Talks program and what services we offer and what referrals we can help with. Also relationships and self reflection of life so far and being a parent and how different it is to be a teenager with no child the responsibilities and the growing up a child brings you. We talked about culture and how that shapes our parenting and how TPE does not want to change you cultural ways of raising a child just giving other ideas and things that have been proven to work for others, mental health was also discussed and how to access county programs.	P:9/C:13
Nutrition/ Hmong	Provide nutrition education for teen parents; provide nutritional resources, referrals, and follow-ups through case management and assessment	9	Nutrition was presented to participants. Participants discussed about healthy eating for mother and child. Talked about health of parent and offered healthy food choices.	5
Nutrition/ Latino	Provide nutrition education for teen parents; provide nutritional resources, referrals, and follow-ups through case management and assessment		Nutrition education was provided during groups. Nutritional food was provided at each group session.	12

Parenting Education/Hmong	Address parenting skills through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round	108	Parenting education was provided through case management, home visits, and weekly support groups held at GAP high school. Topics covered were child's health, child safety such as preventing child from climbing stairs and opening cupboards, and how to sooth child during tantrums.	P:6/C:45
Parenting Education/Latino	Address parenting skills through weekly group activities and sessions during the school year; additional field trips during the summer and one-on-one case management year round		Parenting education topics this quarter were car seat safety, talk about family as support system and parenting with them, childcare, preschool, school readiness, SID/sleep safety and sleep.	P:8/C:18
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Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	3		4
Transportation	Provide transportation services to participants to enable participation in program activities	9		0

Maternal and Child Health Initiative Task Force Strategies				No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>				0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>				11
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>				0
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>				3

<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	0
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	12

Challenges:

Hmong: Challenge occurred starting support group back up again- organizing and preparation. Baby Talks staff attempted outreach at various St. Paul High Schools, other community agencies, and local clinics. GAP high school stopped services with Baby Talks. Working with AGAPE social worker on possible participants. Had a hard time calling to reach participants.

LATINO: Challenges this month were recruiting more case management participants but since January things have gotten better at the beginning of the current quarter. Also outreach was difficult since we haven't had replies from the schools so we decide to just go there and talk to them in person if possible. Also the school that we were having regular weekly groups at decided to run their own parenting groups

Comments:

Hmong: Successfully connected with GAP high school and proceed to start group at GAP. After GAP stopped Baby Talks services, participant expressed interest in program and continued to connect. Working on starting support group on site for next quarter. Have connected with social worker at AGAPE and was able to speak to new possible participants.

LATINO: We are continuing to do a KIPS assessment on most children we work with this helps us make find what parenting skills these teen mothers need most help with. Also we are making sure their immunizations are up to date and they are attending their check up's.